

June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 RCC 8-9:30 PM	3	4 RCC 8-9:30 PM	5	6 RCC 7-8, 8-9 AM
7 RCC 7-8 PM	8	9 RCC 8-9:30 PM	10	11 RCC 8-9:30 PM	12	13 RCC 7-8, 8-9 AM
14 RCC 7-8 PM Great Chesapeake Bay Swim	15	16 Tall Oaks 8 - 9:30 PM	17	18 Tall Oaks 8 - 9:30 PM	19	20 Lake Newport 7 & 8:30 AM
21 Lake Newport 8 - 9 PM Jack King Ocean Swim VA Beach	22	23 Lake Newport 8 - 9:30 PM	24	25 Lake Newport 8 - 9:30 PM	26	27 Lake Thoreau 7 & 8:30 AM
28 Lake Newport 8 - 9 PM	29	30 Lake Newport 8 - 9:30 PM				