

May 2009 (Printable calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 RCC 7-8, 8-9 AM Lake Swim meeting
3 RCC 7-8 PM	4	5 RCC 8-9:30 PM	6	7 RCC 8-9:30 PM SCY Nats Fresno, CA	8 SCY Nats	9 RCC 7-8, 8-9 AM SCY Nats 1000/1650 Meet
10 RCC 7-8 PM SCY Nats	11	12 RCC 8-9:30 PM	13	14 RCC 8-9:30 PM	15	16 RCC 7-8, 8-9 AM Lake Swim meeting Roanoke, VA Meet
17 RCC 7-8 PM	18	19 RCC 8-9:30 PM	20	21 RCC 8-9:30 PM	22	23 RCC 7-8, 8-9 AM Lake Swim Clinic
24 RCC 7-8 PM Lake Swims	25	26 RCC 8-9:30 PM	27	28 RCC 8-9:30 PM	29	30 RCC 7-8, 8-9 AM Potomac River Swim Lake Swim meeting
31 RCC 7-8 PM						