

5K Swim: Heat Sheet

Wave 5A

1	5KNW	Nunn, Abigail	F	22	UNAT	17:00
2	5KNW	Chadeayne, Andrew	M	33	UNAT	17:00
3	5KWD	Schaffer, William	M	25	OEVT	17:20
4	5KNW	Derks, Christopher	M	41	ALEX	18:00
5	5KNW	McCabe, Ryan	M	27	OEVT	18:00
6	5KWD	Bell, David	M	36	UNAT	18:00
7	5KNW	Pohnert, Steven	M	42	RMST	18:12
8	5KWD	O'Connell, Dan	M	35	RMST	18:20
9	5KNW	Jones, Rob	M	47	UNAT	18:29
10	5KNW	O'Connell, Ally	F	30	RMST	18:30
11	5KWD	Evangelista, Bryan	M	30	DCRP	18:30
12	5KNW	Henriques, Alice	F	31	UNAT	18:45
13	5KNW	Hicks, Jeff	M	30	ARMS	19:50
14	5KWD	DiSabatino, Steven	M	45	OEVT	19:10
15	5KWD	Gunder, Jessica	F	29	UNAT	19:15
16	5KWD	Blitz, Daniel	M	45	GER	19:15
17	5KWD	Pickens, Sherri	F	26	MERR	19:15
18	5KNW	Muir, Anne	F	27	MAC	19:35
19	5KNW	Lee, Michael	M	45	MARY	19:45
20	5KNW	McFarland, Jim	M	54	VMST	19:47
21	5KWD	Di Silvio, Francesca	F	30	DCRP	19:50
22	5KNW	Fitzgerald, Lauren	F	36	CUBU	20:00
23	5KNW	Larish, Bryan	M	32	DCM	20:00
24	5KNW	Geiszler, Andrew	M	43	FXCM	20:00
25	5KNW	Charley, Amy	F	27	VMST	20:00

Wave 5B

26	5KWD	Young, Mark	M	48	GER	20:00
27	5KWD	Sternberg, Julie	F	35	OEVT	20:12
28	5KNW	Loftus-Charley, Shirley	F	60	VMST	20:15
29	5KNW	Crean, Denis	M	51	WAV	20:15
30	5KNW	Watson, Jason	M	33	RMST	20:30
31	5KNW	Bosco, Christopher	M	24	OEVT	20:30
32	5KNW	Royer, John	M	29	REDT	20:30
33	5KWD	Guadagno, Louis	M	49	CUBU	20:30
34	5KNW	Fairman, Abigail	F	35	REDT	20:45
35	5KNW	Hahne, Reg	M	58	COLU	20:45
36	5KWD	White, Kirk	M	42	COLU	20:45
37	5KNW	Cardy, Andrea	F	32	RMST	20:46
38	5KNW	Brady, Terence	M	45	SNO	20:50
39	5KNW	Charley, Craig	M	29	RCA	21:00
40	5KNW	Braswell, Willis	M	67	DCM	21:00
41	5KNW	Varner, David	M	51	FXCM	21:00
42	5KNW	St Jean, Alicia Freitag	F	40	AARG	21:00
43	5KWD	Olbum, Jon	M	54	UNAT	21:00
44	5KWD	Keightley, Dylan	M	18	OEVT	21:00
45	5KNW	Ingholt, Paul	M	51	UNAT	21:60
46	5KNW	Anderson, Victoria	F	31	DCRP	21:10
47	5KNW	Hatakeyama, Chio	F	37	WSC	21:12
48	5KWD	Ko, Mindy	F	29	OEVT	21:12
49	5KNW	Noznesky, Denise	F	45	GER	21:30
50	5KWD	Littlefield, Sarah	F	29	OEVT	21:30

5K Swim: Heat Sheet

Wave 5C

51	5KNW	Tilley, Anne	F	47	TPIT	21:40
52	5KNW	Hutchings, Cynthia	F	49	MAC	21:40
53	5KNW	Wagner, James	M	39	DCRP	22:00
54	5KNW	Sander, David	M	59	UNAT	22:00
55	5KWD	Morse, Robert	M	44	UNAT	22:00
56	5KWD	Sural, Jeffrey	M	44	OEVT	22:00
57	5KNW	Tipler, David	M	56	RMST	22:00
58	5KNW	Fitzpatrick, Timothy	M	48	MAS	22:15
59	5KNW	Yohe, Susan	F	23	UNAT	22:30
60	5KWD	Chororos, Alexander	M	39	DCRP	22:30
61	5KWD	Dudgeon, Douglas	M	43	OEVT	22:30
62	5KWD	Rickard, Alan	M	55	FXCM	22:55
63	5KNW	De Sousa, Juliette	F	42	DCRP	23:00
64	5KNW	Gainor, Cathy	F	44	ANC	23:00
65	5KWD	Swenson, Sara	F	35	OEVT	23:00
66	5KWD	Taaffe, Damon	M	35	CUBU	23:00
67	5KWD	Sern, Garret	M	43	DCRP	23:00
68	5KWD	Alliaume, Gilles	M	39	DCRP	23:22
69	5KWD	Massonneau, Christoph	M	53	VMST	23:22
70	5KNW	Stevens, Christopher	M	50	MARY	23:23
71	5KNW	Troyan, Jessi	F	22	GMU	23:30
72	5KNW	Hahn, Roger	M	46	1776	23:30
73	5KNW	Larocca, Joshua	M	39	OEVT	23:30
74	5KNW	Lowe-Thompson, Caroly	F	41	UNAT	24:00
75	5KNW	Jones, Benjamin	M	39	OEVT	24:00

Wave 5D

76	5KNW	Bradbery, Angela	F	46	DCRP	24:00
77	5KWD	Williams, Robert	M	69	DCM	24:00
78	5KWD	Hart, Kevin	F	55	OEVT	24:00
79	5KWD	Rees, Matt	M	44	UNAT	24:00
80	5KWD	Ingram, Katie	F	31	UNAT	24:00
81	5KWD	Lane, Bart	M	40	COLU	24:00
82	5KWD	Stephens, Glenn	M	54	DCTC	24:00
83	5KWD	Cummings, Steve	M	56	OEVT	24:10
84	5KWD	Boyle, Michael	M	60	RMST	24:16
85	5KNW	Craddock, Howard	M	58	VMST	24:24
86	5KWD	Ryan, Mark	M	54	UNAT	24:29
87	5KNW	Hewitt, Sara	F	31	DCAC	24:40
88	5KWD	Howenstein, Lisa	F	36	OEVT	24:45
89	5KNW	Greeson, Laura	F	42	ALEX	25:00
90	5KWD	Heiche, Alex	M	42	ALEX	25:00
91	5KNW	Shanley, Rick	M	32	NWM	25:00
92	5KNW	Hough, Grady	M	42	OEVT	25:00
93	5KNW	Kasimer, Susan	F	30	JCCN	25:00
94	5KNW	Guenther, Kim	F	50	VMST	25:00
95	5KNW	Newton, Paul	M	43	FXCM	25:00
96	5KNW	Kinsky, Suzanne	F	33	DCAC	25:00
97	5KNW	Moore, Sharon	F	38	CUBU	25:00
98	5KNW	Rockler, Elliot	M	61	ANC	25:00
99	5KWD	Long, Abby	F	35	REDT	25:00
100	5KWD	Jacobs, Jay	M	44	GMU	25:00

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Wave 5E

101	5KWD	Gentile, Lisa	F	47	POW	25:00
102	5KWD	Miller, Jane	F	51	UNAT	25:00
103	5KWD	Swiger, James	M	29	DCRP	25:00
104	5KWD	Forsyth, Bart	M	34	OEVT	25:00
105	5KWD	Kruse, Eric	M	45	OEVT	25:00
106	5KWD	Kaplan, Jon	M	46	GER	25:00
107	5KWD	Keightley, John	M	46	FBST	25:00
108	5KWD	Mc Cabe, John	M	53	DCRP	25:90
109	5KNW	Jones, Laura	F	46	VMST	25:15
110	5KWD	Span, Eileen	F	47	VMST	25:17
111	5KNW	Hershey, Barclay	M	36	O*H*	25:19
112	5KNW	Wertheimer, Ellen	F	41	DCAC	25:25
113	5KNW	Edmunds, Mark	M	45	CUBU	25:30
114	5KWD	McMurray, Cheryl	F	43	MAC	25:30
115	5KWD	Dutchak, Michael	M	58	UNAT	25:30
116	5KNW	Rivera, Amara	F	24	UNAT	25:44
117	5KNW	Campbell, Marjie	F	49	MARY	26:00
118	5KNW	Blendell, Robin	F	28	OEVT	26:00
119	5KNW	McCann, Lawrence	M	58	ADM	26:00
120	5KWD	Collins, Sean	M	53	UNAT	26:00
121	5KWD	DeJesus, Edward	M	48	ANC	26:00
122	5KWD	McManus, John	M	42	OEVT	26:00
123	5KWD	Deitch, David	M	48	FXCM	26:00
124	5KNW	Paulson, Laurence	M	63	RMST	26:26
125	5KWD	McMullin, Joseph	M	56	DCM	26:27

Wave 5F

126	5KWD	Aldrich, Mike	M	43	OEVT	26:30
127	5KNW	Linderman, Ross	M	35	DCAC	27:00
128	5KNW	Spencer, Richard	M	45	FXCM	27:00
129	5KWD	Shepherdson, Melanie	F	40	DCRP	27:00
130	5KWD	Persson, Niklas	M	42	METR	27:00
131	5KWD	Isbister, John	M	58	UNAT	27:00
132	5KWD	Rice, Bronwen	F	32	DCAC	27:00
133	5KWD	Bendix, Kore	M	33	OEVT	27:00
134	5KWD	Banas, Vladimir	M	42	NCM	27:00
135	5KNW	Albrecht, Lisa	F	32	OEVT	27:30
136	5KWD	Davidson, Jason	M	39	SDS	27:40
137	5KNW	Newman, Leigh	F	38	CUBU	28:00
138	5KNW	Dunstan, Sarah	F	58	VMST	28:00
139	5KNW	Shrum, John	M	63	VMST	28:00
140	5KNW	Wilson, Bruce	M	48	OEVT	28:00
141	5KWD	Ramsey, Caitlyn	F	43	RIPM	28:00
142	5KWD	Bowdring, William	M	50	ALEX	28:00
143	5KWD	Burden, Helene	F	59	RMST	28:00
144	5KWD	Hancock, Harold	M	41	FBST	28:00
145	5KWD	Wallace, Richard	M	64	GSM	28:00
146	5KWD	Brown, Brandon	M	25	OEVT	28:17
147	5KWD	Hodges-Fulton, George	M	36	OEVT	28:30
148	5KWD	Medoff, Neil	M	69	RMST	28:30
149	5KWD	Leary, Scott	M	33	CUBU	28:50
150	5KNW	Payne, Mary Ella	F	55	DCM	29:00

5K Swim: Heat Sheet

Wave 5G

151	5KNW	Muir, Rachel	F	59	RMST	29:00
152	5KNW	Stein, Alexander	M	40	NCY	29:00
153	5KWD	Pierce, Ed	M	50	UNAT	29:00
154	5KWD	Hagerty, Sean	M	38	FBST	29:00
155	5KWD	Latta, John	M	40	SDS	29:00
156	5KWD	Joye, Adrian	M	42	OEVT	29:00
157	5KWD	Katz, Ronald	M	54	JCCN	29:00
158	5KWD	Hannam, Irene	F	42	OEVT	29:00
159	5KWD	Hannam, Karen	F	71	DCM	29:00
160	5KWD	Osinovsky, Alex	M	48	RMST	29:00
161	5KNW	Lauver, Caroline	F	30	CUBU	29:50
162	5KNW	Vurdelja, David	M	46	RMST	29:59
163	5KWD	Lawlor, John	M	45	OEVT	29:59
164	5KNW	Schonland, Avery	F	34	TERR	30:00
165	5KNW	Wilkinson-Megaw, Susa	F	58	GMU	30:00
166	5KNW	McAlevy, Mary Grace	F	47	CUBU	30:00
167	5KNW	Schlimm, Greg	M	48	NCY	30:00
168	5KNW	Clough, Andy	M	49	RMST	30:00
169	5KNW	Wright, Ken	M	51	UNAT	30:00
170	5KWD	Dix, Valerie	F	30	CUBU	30:00
171	5KWD	Goffredo, Kendra	F	31	OEVT	30:00
172	5KWD	Friedland, Wendy	F	54	SDS	30:00
173	5KWD	Pilette, Sterling	M	70	RMST	30:00
174	5KWD	Warwick, Michael	M	51	SDS	30:00
175	5KWD	Eubanks, John	M	51	UNAT	30:00

Wave 5H

176	5KWD	Chase, Molly	F	33	METR	30:00
177	5KWD	Akocs, Maranda	F	37	OEVT	30:00
178	5KWD	Gibbons, Meghan	F	41	TERR	30:00
179	5KWD	Anderson, Jodi Hope	F	47	UNAT	30:00
180	5KWD	Chisholm, Alex	M	30	RMST	30:00
181	5KWD	Kelley, Tim	M	30	OEVT	30:00
182	5KWD	Kowalewski, Matthew	M	38	OEVT	30:00
183	5KWD	Poston, Jeffrey	M	50	OEVT	30:00
184	5KNW	Fontana, Virginia	F	41	UNAT	30:10
185	5KWD	Baumgarten, Elizabeth	F	55	RIPM	30:15
186	5KWD	Cauley, Mac	M	64	UNAT	30:26
187	5KNW	Foote, Stephen	M	60	RMST	30:30
188	5KNW	Sanfacon, Keith	M	43	UNAT	30:57
189	5KNW	Amrhein, Tom	M	41	UNAT	31:00
190	5KWD	Falk, Robert	M	49	DCAC	31:00
191	5KWD	Sachse, Jeffrey	M	51	DCAC	31:00
192	5KNW	Pleva, Michael	M	45	UNAT	32:00
193	5KNW	Russo, Sam	M	36	OEVT	32:00
194	5KNW	Cantrell, Tate	M	41	OEVT	32:00
195	5KNW	Suddeth, Stephen	M	51	UNAT	32:00
196	5KWD	Hancock, Melissa	F	43	RMST	32:00
197	5KWD	Daczkowski, Nancy	F	48	OEVT	32:00
198	5KWD	Gutierrez, Juan Julio	M	39	DCRP	32:00
199	5KWD	Fletcher, Charles	M	53	UNAT	32:00
200	5KWD	Beveridge, Michael	M	48	DCRP	32:00

5K Swim: Heat Sheet

Wave 5I

201	5KWD	Barbieri, Tom	M	40	UNAT	32:80
202	5KWD	Steinbach, Thomas	M	46	UNAT	32:27
203	5KWD	Shub, Daniel	M	63	NBAC	32:45
204	5KNW	Corbin, Diana	F	44	TERR	33:00
205	5KNW	Manheim, Lucy	F	69	RMST	33:00
206	5KNW	Good, Travis	M	52	RMST	33:00
207	5KWD	Mahbod, Reza	M	39	OEVT	33:00
208	5KWD	Ford, Charles	M	40	OEVT	33:00
209	5KWD	Kidd, Sally	F	50	CUBU	33:40
210	5KWD	Woodward, Shirley	F	50	ARMS	34:30
211	5KNW	Mercer, Gary	M	57	NBAC	35:00
212	5KNW	Reda, Lynn	F	43	OEVT	35:00
213	5KWD	McIntyre, Jeff	M	44	CUBU	35:00
214	5KWD	Hernaes, Simon	M	40	OEVT	35:00
215	5KWD	Maul, Dana	F	37	CUBU	35:00
216	5KWD	Perez, Austin	M	38	CUBU	35:00
217	5KWD	Moser, Edward	M	57	DCTC	35:00
218	5KWD	Allen, Amanda	F	33	NCM	35:10
219	5KWD	Breese, David	M	65	UNAT	37:00
220	5KWD	Reagen, Jennifer	F	41	OEVT	37:50
221	5KWD	Martinelli, Vincent	M	29	OEVT	38:00
222	5KWD	Sperry, Christopher	M	37	OEVT	38:00
223	5KNW	Schalk-Zaitsev, Stephani	F	39	FBST	40:00
224	5KWD	Briggs, Edward	M	75	UNAT	40:00
225	5KWD	Abbott, Shirley	F	56	OEVT	40:00

Wave 5J

226	5KWD	Conley, Daniel	M	45	NCM	42:00
227	5KNW	Williams, Maureen	F	45	DCTC	42:30
228	5KWD	Cantwell, Kathleen	F	38	UNAT	45:00
229	5KWD	Scott, Cory	M	35	OEVT	55:28