

# 5K Psych Sheet

## Age Group

### F18-24

Seed	Wetsuit Category	Name	Age
17:00	NW	Nunn, Abigail	22
22:30	NW	Yohe, Susan	23
23:30	NW	Troyan, Jessi	22
25:44	NW	Rivera, Amara	24

## Age Group

### F25-29

Seed	Wetsuit Category	Name	Age
19:15	WD	Pickens, Sherri	26
19:15	WD	Gunder, Jessica	29
19:35	NW	Muir, Anne	27
20:00	NW	Charley, Amy	27
21:12	WD	Ko, Mindy	29
21:30	WD	Littlefield, Sarah	29
26:00	NW	Blendell, Robin	28

## Age Group

### F30-34

Seed	Wetsuit Category	Name	Age
18:30	NW	O'Connell, Ally	30
18:45	NW	Henriques, Alice	31
19:50	WD	Di Silvio, Francesca	30
20:46	NW	Cardy, Andrea	32
21:10	NW	Anderson, Victoria	31
24:00	WD	Ingram, Katie	31
24:40	NW	Hewitt, Sara	31
25:00	NW	Kasimer, Susan	30
25:00	NW	Kinsky, Suzanne	33
27:00	WD	Rice, Bronwen	32

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27:30	NW	Albrecht, Lisa	32
29:50	NW	Lauver, Caroline	30
30:00	NW	Schonland, Avery	34
30:00	WD	Chase, Molly	33
30:00	WD	Goffredo, Kendra	31
30:00	WD	Dix, Valerie	30
35:10	WD	Allen, Amanda	33

## Age Group

### F35-39

Seed	Wetsuit Category	Name	Age
20:00	NW	Fitzgerald, Lauren	36
20:12	WD	Sternberg, Julie	35
20:45	NW	Fairman, Abigail	35
21:12	NW	Hatakeyama, Chio	37
23:00	WD	Swenson, Sara	35
24:45	WD	Howenstein, Lisa	36
25:00	NW	Moore, Sharon	38
25:00	WD	Long, Abby	35
28:00	NW	Newman, Leigh	38
30:00	WD	Akocs, Maranda	37
35:00	WD	Maul, Dana	37
40:00	NW	Schalk-Zaitsev, Stephanie	39
45:00	WD	Cantwell, Kathleen	38

## Age Group

### F40-44

Seed	Wetsuit Category	Name	Age
21:00	NW	St Jean, Alicia Freitag	40
23:00	NW	Gainor, Cathy	44
23:00	NW	De Sousa, Juliette	42

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24:00	NW	Lowe-Thompson, Carolyn	41
25:00	NW	Greeson, Laura	42
25:25	NW	Wertheimer, Ellen	41
25:30	WD	McMurray, Cheryl	43
27:00	WD	Shepherdson, Melanie	40
28:00	WD	Ramsey, Caitlyn	43
29:00	WD	Hannam, Irene	42
30:00	WD	Gibbons, Meghan	41
30:10	NW	Fontana, Virginia	41
32:00	WD	Hancock, Melissa	43
33:00	NW	Corbin, Diana	44
35:00	NW	Reda, Lynn	43
37:50	WD	Reagen, Jennifer	41

## Age Group

## F45-49

Seed	Wetsuit Category	Name	Age
21:30	NW	Noznesky, Denise	45
21:40	NW	Hutchings, Cynthia	49
21:40	NW	Tilley, Anne	47
24:00	NW	Bradbery, Angela	46
25:00	WD	Gentile, Lisa	47
25:15	NW	Jones, Laura	46
25:17	WD	Span, Eileen	47
26:00	NW	Campbell, Marjie	49
30:00	NW	McAlevy, Mary Grace	47
30:00	WD	Anderson, Jodi Hope	47
32:00	WD	Daczkowski, Nancy	48
42:30	NW	Williams, Maureen	45

## Age Group

## F50-54

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<b>Seed</b>	<b>Wetsuit Category</b>	<b>Name</b>	<b>Age</b>
25:00	NW	Guenther, Kim	50
25:00	WD	Miller, Jane	51
30:00	WD	Friedland, Wendy	54
33:40	WD	Kidd, Sally	50
34:30	WD	Woodward, Shirley	50

## **Age Group**                      **F55-59**

<b>Seed</b>	<b>Wetsuit Category</b>	<b>Name</b>	<b>Age</b>
24:00	WD	Hart, Kevin	55
28:00	WD	Burden, Helene	59
28:00	NW	Dunstan, Sarah	58
29:00	NW	Muir, Rachel	59
29:00	NW	Payne, Mary Ella	55
30:00	NW	Wilkinson-Megaw, Susan	58
30:15	WD	Baumgarten, Elizabeth	55
40:00	WD	Abbott, Shirley	56

## **Age Group**                      **F60-64**

<b>Seed</b>	<b>Wetsuit Category</b>	<b>Name</b>	<b>Age</b>
20:15	NW	Loftus-Charley, Shirley	60

## **Age Group**                      **F65-69**

<b>Seed</b>	<b>Wetsuit Category</b>	<b>Name</b>	<b>Age</b>
33:00	NW	Manheim, Lucy	69

## **Age Group**                      **F70-74**

<b>Seed</b>	<b>Wetsuit Category</b>	<b>Name</b>	<b>Age</b>
29:00	WD	Hannam, Karen	71

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### M18-24

Seed	Wetsuit Category	Name	Age
20:30	NW	Bosco, Christopher	24
21:00	WD	Keightley, Dylan	18

## Age Group

### M25-29

Seed	Wetsuit Category	Name	Age
17:20	WD	Schaffer, William	25
18:00	NW	McCabe, Ryan	27
20:30	NW	Royer, John	29
21:00	NW	Charley, Craig	29
25:00	WD	Swiger, James	29
28:17	WD	Brown, Brandon	25
38:00	WD	Martinelli, Vincent	29

## Age Group

### M30-34

Seed	Wetsuit Category	Name	Age
17:00	NW	Chadeayne, Andrew	33
18:30	WD	Evangelista, Bryan	30
19:50	NW	Hicks, Jeff	30
20:00	NW	Larish, Bryan	32
20:30	NW	Watson, Jason	33
25:00	WD	Forsyth, Bart	34
25:00	NW	Shanley, Rick	32
27:00	WD	Bendix, Kore	33
28:50	WD	Leary, Scott	33
30:00	WD	Kelley, Tim	30
30:00	WD	Chisholm, Alex	30

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## Age Group

## M35-39

Seed	Wetsuit Category	Name	Age
18:00	WD	Bell, David	36
18:20	WD	O'Connell, Dan	35
22:00	NW	Wagner, James	39
22:30	WD	Chororos, Alexander	39
23:00	WD	Taaffe, Damon	35
23:22	WD	Alliaume, Gilles	39
23:30	NW	Larocca, Joshua	39
24:00	NW	Jones, Benjamin	39
25:19	NW	Hershey, Barclay	36
27:00	NW	Linderman, Ross	35
27:40	WD	Davidson, Jason	39
28:30	WD	Hodges-Fulton, George	36
29:00	WD	Hagerty, Sean	38
30:00	WD	Kowalewski, Matthew	38
32:00	NW	Russo, Sam	36
32:00	WD	Gutierrez, Juan Julio	39
33:00	WD	Mahbod, Reza	39
35:00	WD	Perez, Austin	38
38:00	WD	Sperry, Christopher	37
55:28	WD	Scott, Cory	35

## Age Group

## M40-44

Seed	Wetsuit Category	Name	Age
18:00	NW	Derks, Christopher	41
18:12	NW	Pohnert, Steven	42
20:00	NW	Geiszler, Andrew	43

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20:45	WD	White, Kirk	42
22:00	WD	Sural, Jeffrey	44
22:00	WD	Morse, Robert	44
22:30	WD	Dudgeon, Douglas	43
23:00	WD	Sern, Garret	43
24:00	WD	Rees, Matt	44
24:00	WD	Lane, Bart	40
25:00	NW	Hough, Grady	42
25:00	WD	Heiche, Alex	42
25:00	WD	Jacobs, Jay	44
25:00	NW	Newton, Paul	43
26:00	WD	McManus, John	42
26:30	WD	Aldrich, Mike	43
27:00	WD	Banas, Vladimir	42
27:00	WD	Persson, Niklas	42
28:00	WD	Hancock, Harold	41
29:00	WD	Latta, John	40
29:00	NW	Stein, Alexander	40
29:00	WD	Joye, Adrian	42
30:57	NW	Sanfacon, Keith	43
31:00	NW	Amrhein, Tom	41
32:00	NW	Cantrell, Tate	41
32:80	WD	Barbieri, Tom	40
33:00	WD	Ford, Charles	40
35:00	WD	McIntyre, Jeff	44
35:00	WD	Hernaes, Simon	40

**Age Group**

**M45-49**

**Seed    Wetsuit Category    Name    Age**

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18:29	NW	Jones, Rob	47
19:10	WD	DiSabatino, Steven	45
19:15	WD	Blitz, Daniel	45
19:45	NW	Lee, Michael	45
20:00	WD	Young, Mark	48
20:30	WD	Guadagno, Louis	49
20:50	NW	Brady, Terence	45
22:15	NW	Fitzpatrick, Timothy	48
23:30	NW	Hahn, Roger	46
25:00	WD	Kaplan, Jon	46
25:00	WD	Kruse, Eric	45
25:00	WD	Keightley, John	46
25:30	NW	Edmunds, Mark	45
26:00	WD	DeJesus, Edward	48
26:00	WD	Deitch, David	48
27:00	NW	Spencer, Richard	45
28:00	NW	Wilson, Bruce	48
29:00	WD	Osinovsky, Alex	48
29:59	NW	Vurdelja, David	46
29:59	WD	Lawlor, John	45
30:00	NW	Clough, Andy	49
30:00	NW	Schlimm, Greg	48
31:00	WD	Falk, Robert	49
32:00	NW	Pleva, Michael	45
32:00		Beveridge, Michael	48
32:27	WD	Steinbach, Thomas	46
42:00	WD	Conley, Daniel	45

**Age Group**

**M50-54**



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Seed	Wetsuit Category	Name	Age
19:47	NW	McFarland, Jim	54
20:15	NW	Crean, Denis	51
21:00	WD	Olbum, Jon	54
21:00	NW	Varner, David	51
21:60	NW	Ingholt, Paul	51
23:22	WD	Massonneau, Christopher	53
23:23	NW	Stevens, Christopher	50
24:00	WD	Stephens, Glenn	54
24:29	WD	Ryan, Mark	54
25:90	WD	Mc Cabe, John	53
26:00	WD	Collins, Sean	53
28:00	WD	Bowdring, William	50
29:00	WD	Katz, Ronald	54
29:00	WD	Pierce, Ed	50
30:00	WD	Warwick, Michael	51
30:00	NW	Wright, Ken	51
30:00	WD	Poston, Jeffrey	50
30:00	WD	Eubanks, John	51
31:00	WD	Sachse, Jeffrey	51
32:00	NW	Suddeth, Stephen	51
32:00	WD	Fletcher, Charles	53
33:00	NW	Good, Travis	52

## Age Group

## M55-59

Seed	Wetsuit Category	Name	Age
20:45	NW	Hahne, Reg	58
22:00	NW	Tipler, David	56
22:00	NW	Sander, David	59

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22:55	WD	Rickard, Alan	55
24:10	WD	Cummings, Steve	56
24:24	NW	Craddock, Howard	58
25:30	WD	Dutchak, Michael	58
26:00	NW	McCann, Lawrence	58
26:27	WD	McMullin, Joseph	56
27:00	WD	Isbister, John	58
35:00	NW	Mercer, Gary	57
35:00	WD	Moser, Edward	57

## Age Group M60-64

Seed	Wetsuit Category	Name	Age
24:16	WD	Boyle, Michael	60
25:00	NW	Rockler, Elliot	61
26:26	NW	Paulson, Laurence	63
28:00	WD	Wallace, Richard	64
28:00	NW	Shrum, John	63
30:26	WD	Cauley, Mac	64
30:30	NW	Foote, Stephen	60
32:45	WD	Shub, Daniel	63

## Age Group M65-69

Seed	Wetsuit Category	Name	Age
21:00	NW	Braswell, Willis	67
24:00	WD	Williams, Robert	69
28:30	WD	Medoff, Neil	69
37:00	WD	Breese, David	65

## Age Group M70-74

Seed	Wetsuit Category	Name	Age
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30:00	WD	Pilette, Sterling	70
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## Age Group

**M75-79**

Seed	Wetsuit Category	Name	Age
40:00	WD	Briggs, Edward	75