



## Jim McDonnell Lake Swims

Location: Lake Audubon, Reston, VA  
Date: Sunday, May 26-27, 2012  
Hosted by: Reston Masters Swim Team  
Meet Director: Larry Paulson  
Email: [laurence.paulson@gmail.com](mailto:laurence.paulson@gmail.com)  
[www.restonmasters.org/jmls/](http://www.restonmasters.org/jmls/)

### 1-Mile Clinic Practice Swim

ABBOTT, SHIRLEY	56	OEVT	40:59	CLIN
ABLARD, SARA	41	OEVT	47:18	CLIN
ALFORD, PAULA	59	WAV1	42:44	CLIN
AMANN, DON	58	OEVT	39:21	CLIN
APPLEBAUM, JORDAN	35	CUBU	43:31	CLIN
BARATTO, DARIO	47	ARMS	50:01	CLIN
BARBIERI, DEB	42	OEVT	44:01	CLIN
BARRON, PATRICK	44	OEVT	41:44	CLIN
BAUMGARTEN, ELIZABETH	55	RIPM	1:04:54	CLIN
BEDEN, CRAIG	50	OEVT	38:57	CLIN
BEEGEN, JANE	51	OEVT	33:15	CLIN
BERRY, PHILIPPE	45	OEVT	41:46	CLIN
BURKE, DEANNA	38	OEVT	41:39	CLIN
CARROLL, ELIZABETH	56	DCTC	38:54	CLIN
CASSIDY, COLLEEN	26	OEVT	34:30	CLIN
CHEN, ANN	49	OEVT	31:32	CLIN
CHRISTIANSEN, KATHLEEN	53	UNAT	52:38	CLIN
CLAYTON, DIANE	47	SDS	45:50	CLIN
COLLINS, SARAH	32	CUBU	41:35	CLIN
CONVERSE, TRACY	37	OEVT	52:19	CLIN
CRAIG, MICHAEL	30	UNAT	34:55	CLIN
CRAIG, NICOLE	30	UNAT	42:34	CLIN
DAY, JOHN	44	OEVT	39:28	CLIN
DECKELBAUM, FELICIA	26	OEVT	40:46	CLIN
DEMPSEY, BRITTA	46	LTSM	39:52	CLIN
DONALDSON, JEAN	40	FXCM	25:59	CLIN
DRAUGELIS, ALLEN	47	RMST	44:36	CLIN
DREW, TERRY	45	CUBU	44:41	CLIN
DURANSOY, CETIN	40	OEVT	55:48	CLIN
DURBIN, PAUL	47	OEVT	32:31	CLIN
EDMUNDS, MARK	45	CUBU	38:56	CLIN
ELDRIDGE, ERIC	44	CUBU	36:50	CLIN
ERRETT, DOUGLAS	47	OEVT	33:39	CLIN
ESPOSITO, DOUGLAS	43	OEVT	36:57	CLIN
FALCON, ALEX	64	OEVT	47:07	CLIN
FINES, CAROLINE	38	OEVT	33:22	CLIN
FINNE, HUCKELBERRY	33	UNAT	20:17	CLIN

## Jim McDonnell Lake Swims - 2

### 1-Mile Clinic Practice Swim

FITZGERALD, LAUREN	36	CUBU	29:46	CLIN
FLORES, ADRIAN	39	OEVT	44:47	CLIN
FLORES, CLAUDIA	41	OEVT	44:47	CLIN
FLORES, FRANK	43	BWST	31:02	CLIN
FOLB, LISA	43	CUBU	46:51	CLIN
FORD, CHARLES	40	OEVT	41:47	CLIN
FORYS, TAMARA	28	CUBU	45:16	CLIN
FRANCHETTI, JACQUELINE	38	CUBU	41:48	CLIN
FRANCIS, SHERI	33	CUBU	44:40	CLIN
FRASER, JIM	54	UNAT	43:45	CLIN
FRENCH, KINDY	64	WAV1	40:56	CLIN
FUNG, LAPHANG	39	TERR	55:25	CLIN
FURICK, JILL	42	OEVT	35:37	CLIN
GADIRAJU, RAMESH	49	RMST	16:51	CLIN
GAMERMAN, ILANA	47	UNAT	54:53	CLIN
GILGORE, DEBORAH	52	OEVT	31:48	CLIN
GOLLHOFER, MEGHAN	27	UNAT	35:48	CLIN
GREENWOOD, TATIANA	36	OEVT	36:04	CLIN
HAHN, KATHERINE	49	CUBU	39:34	CLIN
HALE, TAMMY	41	FXCM	55:00	CLIN
HAMAL, CLIFF	54	CUBU	36:27	CLIN
HAMBLIN, JEFFREY	56	OEVT	42:39	CLIN
HARTMAN, DOUGLAS	53	UNAT	52:16	CLIN
HOCH, CHRIS	38	OEVT	44:47	CLIN
HOWARTH, RUSSELL	40	OEVT	42:22	CLIN
HUGHES, LISA	45	OEVT	34:33	CLIN
HUSTON, JODI	33	CUBU	42:23	CLIN
JOHNSTONE, GARY	52	OEVT	34:30	CLIN
JONES, RAY	41	OEVT	34:25	CLIN
JONES, SARAH	28	SUNF	34:16	CLIN
JORDAN, LEE	48	OEVT	1:00:08	CLIN
KENDALL, CONSUELO	31	OEVT	50:20	CLIN
KENON, AARON	29	CUBU	39:08	CLIN
KIDD, SALLY	50	CUBU	48:09	CLIN
KILGORE, DAVID	68	OEVT	25:09	CLIN
KIM, JENNIFER	46	OEVT	1:05:04	CLIN
KISER, MICHELLE	47	ANC	34:54	CLIN
LACOPO, EVAN	41	CUBU	37:42	CLIN
LAHI, LOLA	40	OEVT	35:41	CLIN
LIGHT, KIMBERLY	53	UNAT	35:03	CLIN
LOYER, JENNIFER	39	OEVT	31:20	CLIN
MACARY, MICHELE	28	ARMS	33:44	CLIN
MANDZUK, CHRISTINA	32	OEVT	25:42	CLIN
MANHEIM, LUCY	69	RMST	48:09	CLIN
MANNION, ELLEN	50	OEVT	47:16	CLIN
MARCELLO, KARLA	37	OEVT	46:38	CLIN

## Jim McDonnell Lake Swims - 3

### 1-Mile Clinic Practice Swim

MCCANN, LAWRENCE	58	ADMS	33:41	CLIN
MCCOMMONS, PAULA	38	OEVT	1:03:30	CLIN
MELLEY, ALISON	40	GER	35:26	CLIN
MILLION, JANET	39	CUBU	39:52	CLIN
MINNICK, MARY	46	OEVT	32:19	CLIN
MITCHELL, CHERYL	42	OEVT	50:02	CLIN
MOLOTSKY, MICHELE	49	WAV1	34:04	CLIN
MOORE, KENNETH	44	OEVT	48:41	CLIN
MOORE, SHARON	38	CUBU	35:22	CLIN
NELSON, GREG	52	ANC	28:20	CLIN
NILK, MERLE	45	OEVT	37:19	CLIN
NOCHOMOVITZ, EMMA	27	OEVT	31:42	CLIN
NORRIS, JENNIFER	41	OEVT	47:06	CLIN
NUNN, ABIGAIL	22	UNAT	22:12	CLIN
O'BRIEN, CARRIE	35	ARMS	41:17	CLIN
OBRIEN, DEANN	50	OEVT	44:28	CLIN
PAJON BYARS, GLADYS	32	OEVT	1:00:26	CLIN
PAYNE, SUSAN	52	OEVT	49:25	CLIN
PEPELKO, DOUGLAS	37	OEVT	42:34	CLIN
PIDGEON, JANEL	42	WMS	42:37	CLIN
POSCHARSKY, JANA	33	ARMS	37:23	CLIN
PUGH, JOHN	55	GER	45:12	CLIN
RABANAL, FLORENCE	45	UNAT	43:22	CLIN
RAMSEY, CAITLYN	43	RIPM	38:07	CLIN
REAGEN, JENNIFER	41	OEVT	38:44	CLIN
REINHOLD, ROBERT	50	OEVT	40:12	CLIN
RIIHIMAKI, CATHERINE	35	OEVT	41:23	CLIN
RIVERA, AMARA	24	UNAT	29:17	CLIN
RODRIGUEZ, DEBORAH	54	RMST	55:11	CLIN
ROME, JULIE	50	CUBU	41:55	CLIN
ROY, TIA	36	OEVT	35:53	CLIN
ROYER, JOHN	29	REDT	27:15	CLIN
SANDERS, MICHAEL	41	OEVT	38:48	CLIN
SCHEFF, JAMIE	50	OEVT	44:16	CLIN
SEARCY, CYNTHIA	46	CUBU	33:24	CLIN
SHANLEY, RICK	32	NWM	29:58	CLIN
SHOOP, KIM	50	OEVT	34:53	CLIN
SILFIES JR, SHERWOOD	65	OEVT	51:12	CLIN
SILVERMAN, HEATHER	40	OEVT	52:50	CLIN
SIMON, JIM	55	CUBU	36:41	CLIN
SKELLY, KATHERINE	36	UNAT	42:50	CLIN
SKINNER, HEATHER	42	ANC	40:34	CLIN
SMIRAGLIA, PABLO	37	OEVT	42:16	CLIN
SOUTHWORTH, MICHAEL	39	OEVT	35:09	CLIN
STEINFELD, ANDREW	49	ANC	41:10	CLIN
SUCHODOLSKI, MIKE	46	LTSM	59:55	CLIN

## Jim McDonnell Lake Swims - 4

### 1-Mile Clinic Practice Swim

SUDDETH, STEPHEN	51	UNAT	44:03	CLIN
SULLIVAN, WILLIAM	47	FXCM	47:04	CLIN
VITOVA, ADELA	32	CUBU	37:42	CLIN
WALKER, GILLIAN	46	OEVT	42:12	CLIN
WALSH, ADAM	39	OEVT	51:51	CLIN
WALSH, ANNE	37	OEVT	49:58	CLIN
WARD, CYNTHIA	54	UNAT	45:00	CLIN
WARE, ELIZABETH	31	UNAT	43:08	CLIN
WARWICK, MICHAEL	51	SDS	34:48	CLIN
WATTS, TRACIE	38	UNAT	32:09	CLIN
WEISBERGER, JENNIFER	39	CUBU	44:06	CLIN
WHANG, JENNIFER	40	CUBU	1:06:47	CLIN
WOLFF, LIESEL	45	CUBU	56:12	CLIN
WOOTEN, KRISTINE	33	OEVT	33:21	CLIN
WRIGHT, KWESI	46	UNAT	54:18	CLIN
YEAGER, RAYMOND	43	ANC	42:42	CLIN
ZIA, BILAL	34	UNAT	39:20	CLIN